

**DEAR SENSEI:**

**WE WOULD CONSIDER IT AN HONOR IF YOU AND YOUR SCHOOL PARTICIPATED IN THIS YEARS ADLAWAN GUP FOOD DRIVE KARATE TOURNAMENT.  
WE WISH YOU WELL AND HOPE TO SEE YOU SOON.**

**INSTRUCTIONS:**

**Uniform requirements:**

Competitors must wear a clean white GI with no ornamentation other than one school patch or name.

Referees must wear blue blazer, white shirt, blue or red tie, gray trousers (no cuffs), black socks, and black shoes.

**PLEASE READ THE ATTACHED SHEET FOR THE SPECIFIC RULES FOR KATA AND KUMITE.**

**DEFINITIONS:**

Beginner:	Under one year of training.
Novice:	One to Two years of training
Intermediate:	Two to Three years of training.
Advanced:	Over four years Martial Arts experience or Black Belt.

**JUNIOR KATA and KUMITE:** Up to 17 years -Beginner- Novice-Intermediate-Advanced

All divisions will do Kumite immediately after their perspective Kata divisions have been completed. Competitors are not to leave their rings.

*Instructors-please see to it that your students have their appropriate protection ready during the Kata Competition.*

**SPECIAL NOTE A:** If there are less than four (4) competitors entered in a division we reserve the right to dissolve or combine said division with another division.

**AWARDS:** Trophies will be awarded to First – Second - and two (2) 3rd Place winners in all divisions for both Kata and Kumite.

*All junior competitors will receive appreciation certificates and attendance medals!*

*Adult Male and Female Black Belt “KATA” Champions will compete for  
“GRAND CHAMPION CASH PRIZE”*

**REGISTRATION:** Please enter event numbers at bottom of registration form. **Registration for the Junior Divisions opens at 8:00 a.m. and closes at 11:00 a.m. Registration for the Adult divisions opens at 9:00 a.m. and closes at 12:00 p.m.**

**Please send in registration forms by November 1st, or email us the information (name – age – gender – division # - and school) so we can enter competitors into the computer system:**

**Peter Mangosing  
118 W. Stevens  
Santa Ana, CA. 97207  
Pmango57@yahoo.com**

***Donations will be collected at the door***

**SPECTATOR ADMISSION FEE:** Adults - \$3.00; Children \$1.00 (ages 5-12 years); Under 4 years of age - free

**ELIMINATION’S** for Junior Divisions will begin at 9:30 AM. Black Belts will begin @ approximately 12:00PM, and Adult Color Belt Divisions will begin at approximately 1:30 PM.

For further information, please call Peter Mangosing (714) 641-1038 or email PMango57@yahoo.com

*Once again “Thank You!” to all that make this wonderful event possible  
We can! Make a difference*

Yours in Humble Budo  
Peter Mangosing, Sensei

# “Te-Kenjutsu-Kan Karate-Do”

7th Annual

“ADLAWAN – CUP”

**Food Drive Karate Tournament**

Sunday, November 15<sup>th</sup>, 2008

Salgado Community Center  
706 North Newhope  
Santa Ana, CA.

Registration Opens @ 8:00am  
Eliminations Begin @ 9:30am

**Competition Fee:**

\$15.00

2- cans of food

1- Small bag of rice or pasta

1- 4 pack of toilet paper or

1- 4 pack of paper towels

**Spectator Admission fee:**

Adults: \$3.00

Children 12 and under: \$1.00

**All contributions go to:**

The Wiseplace, a Shelter for Women  
Located in the City of Santa Ana



*IN THE SPIRIT OF THE SEASON PLEASE JOIN US IN HELPING THOSE LESS FORTUNATE THAN OURSELVES*

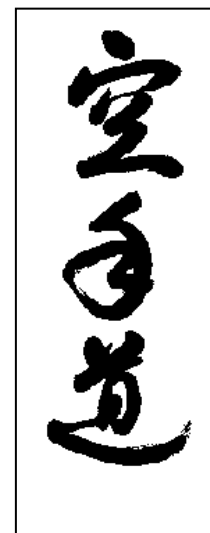
**WE CAN MAKE A DIFFERENCE!!**

For more information please contact: Peter Mangosing (714) 641-1038 or (714) 745-7801

WE WOULD LIKE TO THANK ALL OF YOU WHO HAVE MADE OUR PAST TOURNAMENTS SO MUCH FUN!  
WITHOUT YOU, IT WOULD NOT BE POSSIBLE!!! DOMO!!



**BUDO**



**KARATE-DO**

# “Te-Kenjutsu-Kan”

7th Annual, “ADLAWAN – CUP”  
Food Drive Karate Tournament

**KATA = K**  
**KUMITE = S**

Name (Print)	Age	Birth Date
Address	Sex	Phone
City	State	Zip Code
Karate School	Instructor	
Style	Rank	Training Time

**DEFINITIONS:**

Beginner: Under one year of training  
 Novice: 1 to 2 years of training.  
 Intermediate: 2 to 3 years training.  
 Advanced: Over 3 years Martial Arts experience or Black Belt.

**Mixed Divisions**

Division	Beg	Nov	Int	Adv
6 Years & Under	K1 / S1	K2 / S2	K3 / S3	K4 / S4
7-8 Years Old	K5 / S5	K6 / S6	K7 / S7	K8 / S8

**Girls Divisions**

Division	Beg	Nov	Int	Adv
9-10 Years Old Girls	K9 / S9	K10 / S10	K11 / S11	K12 / S12
11-12 Years Old Girls	K13 / S13	K14 / S14	K15 / S15	K16 / S16
13-15 Years Old Girls	K17 / S17	K18 / S18	K19 / S19	K20 / S20
16-17 Years Old Girls	K21 / S21	K22 / S22	K23 / S23	K24 / S24

**Boys Divisions**

Division	Beg	Nov	Int	Adv
9-10 Years Old Boys	K25 / S25	K26 / S26	K 27 / S27	K28 / S28
11-12 Years Old Boys	K29 / S29	K30 / S30	K31 / S31	K32 / S32
13-15 Years Old Boys	K33 / S33	K34 / S34	K35 / S35	K36 / S36
16-17 Years Old Boys	K37 / S37	K38 / S38	K39 / S39	K40 / S40

**Adult Divisions**

Division	
Women's White Belts	K41 / S41
Women's Green Belts	K42 / S42
Women's Brown Belts	K43 / S43
Women's Black Belts (18-34)	K44 / S44
Women's Black Belts (35 & up)	K45 / S45
Men's White Belts	K46 / S46
Men's Green Belts	K47 / S47
Men's Brown Belts	K48 / S48
Men's Black Belts (18-34)	K49 / S49
Men's Black Belts (35 & up)	K50 / S50

**EVENT# K** \_\_\_\_\_

**EVENT# S** \_\_\_\_\_

I, the undersigned, do hereby voluntarily submit my application for attendance and participation in the 7th Annual Te-Kenjutsu-Kan Karate-Do Organization Food Drive Invitational Karate Championships at Salgado Community Center in the City of Santa Ana on Sunday, November 15<sup>th</sup>, 2009 and do hereby assume full responsibility for any and all damages, injuries, losses that I may sustain or incur while attending or participating; and hereby waive all claims against promoter, operators, or sponsors of said karate tournament individually or otherwise for any claim for injuries that I may sustain. I fully understand that any medical treatment given me will be first aid type only. If less than 18 years of age, this release and consent form must be signed by a parent or legal guardian

Signature of Contestant \_\_\_\_\_ Date \_\_\_\_\_

Signature of Parent or Legal Guardian \_\_\_\_\_ Date \_\_\_\_\_

# Tournament Rules

## WKF Rules with Modifications

### KATA

1. All Divisions may perform any KATA. (Tokui -free selection).
2. All Divisions, if contestant does an incomplete Kata, contestant may restart but will receive the basic low score only, from all Judges and Referee's.
3. The High and Low scores will be discarded when using five (5) officials. When using only three (3) officials all scores will be added for the final score.
4. In case of a tie, the low score from the remaining three scores is incorporated. If a tie continues, then the high score of the remaining three scores is incorporated. In the event of a continuing tie, the contestants must perform a KATA of his/her choice.
5. Novice, Intermediate and Advanced divisions must perform a different KATA in event of ties. Exception, Junior Beginner Division, and Adult White Belt Divisions may do the same Kata if they do not know any others.
6. Scoring Ranges:

Beginner and Novice	5.0 to 7.0
Intermediate:	6.0 to 8.0
Advanced	7.0 to 9.0

7. All referees are to start and end contestant's Kata by verbal command, or by whistle, not by nodding.
8. At the End of the KATA competition Referee's are to tell all the contestants who are going to **KUMITE TO STAY IN THE RING OR THEY may be disqualified** if their name is called and they are not there in the ring.

### KUMITE

1. Kumite matches will begin immediately after the Kata competition has been completed.
2. Matches are to be scored with an 8 point ceiling (first to acquire 8 points wins)
3. Junior divisions – 17 and under matches will be 1 1/2 minutes. Adult divisions 2 minutes. Stop time.
4. Men's Black Belt matches will be 3 minutes. Women's Black Belt matches will be 2 minutes. Stop time.
5. Face techniques will be allowed in all divisions. **BUT!!! NO CONTACT!!**
6. **Face contact:** Juniors 17 & under – Head contact must be penalized.  
Juniors 15 to 17 advanced – Hand contact to the head will not score and may be penalized.  
Excessive face contact (draws blood, etc.) is an automatic disqualification.
7. **MANDATORY - ALL CONTESTANTS MUST USE A MOUTHPIECE WHILE SPARRING OR THEY WILL NOT BE ALLOWED TO COMPETE.** Men must wear cups. Women must wear chest protectors under their GI's. Hand protection must be worn.
8. Protection devices (**hard shin pads, heavy tape, gloves, foot guards, or footpads**) are not allowed. Contestants are responsible for providing their own hand protection. Headgear may be worn in any division, but contestants must provide their own. All contestants to provide their own mouth piece.
9. No spine or groin strikes allowed in any division. No inside sweeps, neck chops or elbow strikes.
10. In the event of draw (Hikiwake) an Encho-Sen (sudden death, one minute round), will take place, first one to score is the winner. In the event of another draw a decision (Hantei) **MUST BE MADE.**

***“REMEMBER SENSEI SAFETY IS FIRST, SECOND, & THIRD”***

**Te-Kenjutsu-Kan Karate-Do  
Waiver Form**

**7th Annual, "ADLAWAN – CUP"  
Food Drive Karate Tournament  
Sunday – November 15<sup>h</sup>, 2009**

Name (Print)
Address
City

**Adult & Minor Amateur Athletic Waiver and Release of Liability**

In consideration of being allowed to participate in any way in the Te-Kenjutsu-Kan Karate-Do athletics/sports program, and related events and activities, the undersigned:

1. Agrees that prior to participating, they know and understand the Rules of Competition, and that they (if under 18 years of age a Parent or Guardian) will inspect the facilities and equipment to be used, and if the participant and/or Parent or Guardian, believes anything is, or may be, unsafe, they will immediately advise their coach or supervisor and the Te-Kenjutsu-Kan Karate-Do Organization personnel of such condition(s) and refuse to participate unless and until such condition is remedied.
2. Acknowledge and fully understand that each participant will be engaging in activities that involve risk of serious injury, including permanent disability and death, and severe social and economic losses which might result not only from their own actions, inaction's or negligence but the actions, inaction's or negligence of others, the rules of play, or the condition of the premises or of any equipment used. Further, that there may be other risks not known to us or not reasonably foreseeable at this time. The undersigned assumes all the foregoing risks and accept personal responsibility for the damages following such injury, permanent disability or death.
3. Release, waive, discharge and covenant not to sue the Te-Kenjutsu-Kan Karate-Do Organization, the Salgado Community Center, its officers, its affiliated clubs, regional sports organizations, their respective administrators, directors, agents, coaches and other employees, staff, official and volunteers of the organization, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessees of premises used to conduct the event, all of which are hereinafter referred to as "releasees" from any and all liability to each of the undersigned, his or her heirs and next of kin for any and all claims, demands, losses or damages on account of injury including death or damage to property, caused or alleged to be caused in whole or in part by the negligence of the releasee or otherwise. The undersigned shall indemnify the releasees and hold them harmless for any losses, liability or damages, which may result from any failure or defect of such release.
4. **All entries are final, no refunds will be given.** I fully understand that any medical treatment given will be of a first aid treatment type only. I consent that any pictures furnished by me or any and all photographs or video images taken of me in connection with the Tournament can be reproduced and used for publicity, promotion or other purpose by the Te-Kenjutsu-Kan Karate-Do Organization, it's licensees or assigns now or in the future, and published or broadcast by any media whatsoever, and I hereby waive any and all claim for any compensation of any kind in regard thereto. All participation in any event or class in this Tournament is by permission only. The Tournament Director or her/his authorized agent(s) reserve the right to refuse entry to any person, school, team or club.
5. **PLEASE NOTE: All athletes must be covered by their own health or medical insurance in order to compete.**
6. **Statement of Health.** By my signature below, I certify and declare that I am in sound health, with valid medical or health insurance coverage in effect at this time, and there is no reason why I cannot participate in this competition.

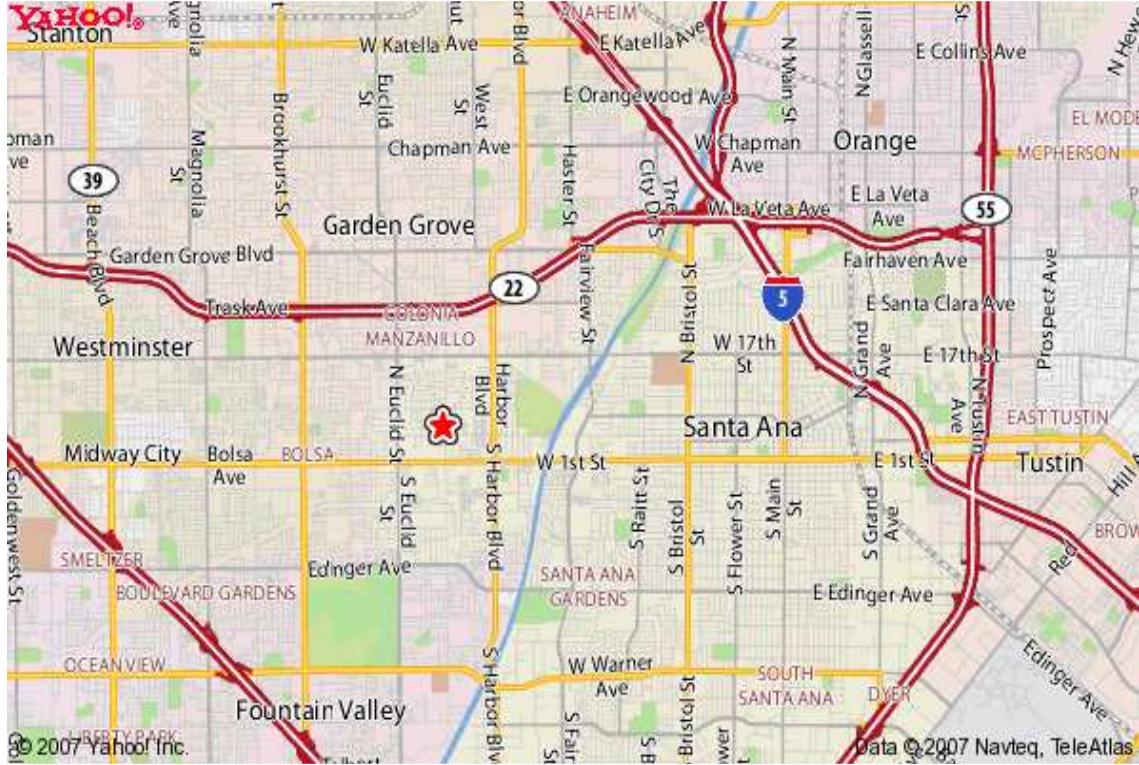
The undersigned has read the above waiver and release, understand that they have given up substantial rights by signing it and sign it voluntarily.

**Please read entire form before signing. All Information is required.**

Signature of Contestant \_\_\_\_\_ Date \_\_\_\_\_

Signature of Parent or Legal Guardian \_\_\_\_\_ Date \_\_\_\_\_

SALGADO COMMUNITY CENTER  
706 N. NEWHOPE  
SANTA ANA, CA. 92703  
(714) 571-4267



From the North:

- 5 or 57 Fwy South
- 22 Fwy West
- Exit Harbor Blvd
- Turn Left onto Harbor
- Turn Right onto Hazard
- Turn Left onto Newhope

- 405 South
- 22 Fwy East
- Exit Euclid
- Turn Right onto Euclid
- Turn Left onto Hazard
- Turn Right onto Newhope

From the South

- 5 Fwy North
- 22 Fwy West
- Exit Harbor Blvd
- Turn Left onto Harbor
- Turn Right onto Hazard
- Turn Left onto Newhope